

Dear parents / guardians

Now the final exams for the Autumn term are approaching and lately most student in MH have had a full schedule. There are papers to turn inn, chapter exams and various assignments to finish before the end of term. The first exam will be on December 2nd. We want to encourage you to show interest in your teenager's studies and support them as much as you can. Many studies have shown that support and encouragement from parents make a real difference in the student's performance in her/his studies. Help them when needed, encourage them to study and put their studies in first place and do not forget the importance of a healthy nutrition and a good night sleep.

There are always some students that need specific measures during exams and we will try to fill those needs. In MH it is possible to ask for permission to take an exam in a class room rather than in the hall. Students who have dyslexia can ask for colored exam sheets or for having the exam on an audio file. This will be available to those who have a diagnosis of some kind, if you have a medical certificate from a doctor / psychologist or if you have had regular contact with MH's school counselors.

There is no need to apply for a longer exam time, only colored sheets, reading or a class room (12 students per class room instead of being in the hall).

Applications for specific measures need to be made with the school counselors before November 15th. For further questions contact the school counselors of MH.

Best regards,

Fríður, Sigga Birna and Ásdís,
school counselors in MH.